

TRICOUNI NEWS AUTUMN 2017

RELATING TO THE EASTER MEET OF 2017



Those present were : - Katie and Richard Stockwell, Joyce and David Clode, Helen and Roy Cross, Nigel, Kelly and Scarlett Leigh, Stuart, Kristina, Raya and Iris Clode and Dave the dog, Steph, Richard, Angus and Gwen Oaten and Lynn Leigh and Charlie Harrison.

The forecast for the weekend was for it to be quite windy with showers but on the whole we had a typical Lake District mixed bag!

FRIDAY APRIL 13TH 2017

The weather forecast was nothing like the actual weather we had where we were. We were supposed to have a westerly wind 25-30 mph with no sun and blanket cloud and fog with rain and drizzle thrown in for good measure. We, in fact, had some sun and cloud, not too much wind, and a little rain on the way back.

Helen and Roy, Joyce and David, Katie and Richard, Lynn and Charlie and Peter all met at the car park at Pooley bridge but decided that the weather was too good to do a low level walk so drove on to Martindale to tackle the Beda Fell walk in the Pathfinder book. They all managed to park and continued on to the start of the walk at Howegrain Beck Bridge at Martindale. The walk was fairly uneventful with everyone walking to the cairn and then Peter and Roy filtering off to visit Place Fell, coming back via Low Moss to Doe Green. The main party continued down and along the valley back to Howegrain Beck Bridge. There was some discussion with regard to a building across the valley which turned out to be a hunting lodge built by the fifth Earl of Lonsdale, Hugh Cecil Lowther. He was known as England's Greatest Sporting gentleman; he donated the original Lonsdale belts for boxing. He was known as the Yellow Earl for his penchant for the

colour. He was a founder and first president of the Automobile Association which adopted his livery.



Nigel, Kelly and Scarlett did not walk today as the roads were pretty busy on the drive up.

Stuart, Kristina, Raya and Iris and Dave started walking around 11am with Steph, Richard, Angus and Gwen in sun and cloud. They did an undulating circuit in St John's in the Vale, taking in High Rigg; it was Iris's first whole walk.

Dinner: Tomato, Lentil and Basil Soup, Sea Bass with Tarragon sauce, Roast Charlotte Potatoes, Green beans and Honey roasted carrots followed by Chocolate and Ginger Cheesecake.

SATURDAY APRIL 15TH 2017

The weather forecast today was more accurate. There was a strong NW wind and it was bloney cold on the hills! The views were clear and we even had some sun intermittently, but mostly clouds. Luckily we didn't get any of the rain or snow showers forecast ☺



Katie and Richard, Helen and Roy, Lynn and Charlie climbed up Fleetwith Pike from Gatesgarth farm. They caught the bus to Buttermere and walked around the lake in an anti clockwise direction so they had their backs to the wind, which was quite strong even low down. The main party kept to the lakeside but Roy did an excursion up the

flanks of the lake somewhere higher up! Having lunch over the top out of the wind they came down to Honister via the mine track, visiting the cafe en route for some much deserved hot chocolate. Katie and Richard, Lynn and Charlie and Helen came down to Seatoller on the old road. Roy left us at Honister and climbed up to Dalehead and back to Seatoller via Rigghead quarries. Helen stayed behind, en route, to do some drawing in sight of the Seatoller House.



Peter had left his medication at home so had to drive into Keswick for replacements. He drove to the bottom of Catbells to drop Nigel, Kelly and Scarlett off and then returned to find somewhere to park, but no luck as it was all double yellow lines with no parking on the daffodils! A kind lady allowed him to park in her garden not on the daffodils and he gave her Starbursts in return – lucky lady! He raced up Catbells but did not catch up with the group until after the summit, where he met Nigel at the col in between Maiden moor and Catbells to go down to Grange. The “Children’s party” of Kelly and Scarlett, David and Joyce, Kristina, Raya, Iris, Dave and Gwen all went to Grange for tea and ice-cream.



Everyone in this group caught the bus back to Seatoller except for Joyce and David who walked back along the river to Seatoller via Rosthwaite.

Nigel and Peter tried to follow Stuart, Steph, Richard and Angus but didn't catch them up and they disappeared into the blue yonder. Peter and Nigel went to Maiden Moor, High Spy and Dalehead coming down the miners track to Seatoller.

Stuart, Steph, Richard and Angus did the same but dropped down into Honister and back on the old road.

The weather was again very windy with rain early on in the day but mostly sun whilst coming down from Catbells.

Dinner: Smoked Trout with Horseradish potato salad, Pork Loin with black pudding and mustard sauce, Roast Potatoes, Swede and Courgettes followed by Sticky Toffee pudding.

SUNDAY APRIL 16TH 2017

The weather for Sunday was for cloud and rain and that is what we got- each walking party in different varying amounts! There were meant to be windy conditions in addition, but lucky we didn't all get those too!

Lynn and Charlie decided to take proper notice of the forecast and went over to Cockermouth to visit the childhood home of William Wordsworth where there were some ghost stories in the kitchen! They had a walk around Cockermouth and lunch in the pub. They had a short walk in Keswick around the lakeside via Friar's Crag.

Richard and Katie decided to wait a while before setting off in the hope the weather would be better as promised. They did a 2 hour circuit around Castle Rigg and Tewet tarn taking in Low Rigg (a walk taken from the Pathfinder book). It all started off well with even a hint of sun but about 10 minutes before the end the heavens opened! So timing was good on the whole and there were even some views and it was a lovely walk.

Joyce and David went up the Styhead and walked for a short distance but Joyce slipped on wet stones and hurt her elbow. It looked quite sore on their return to Seatoller so a visit to the cottage hospital in Keswick was necessary.



Stuart, Kristina, Raya and Iris and Dave, Helen, Steph, Richard, Angus and Gwen and Kelly and Scarlett went towards Grange along by the river where the group split into 2 at the campsite; Helen, Iris, Scarlett and Kelly came back on the bus and the others

continued on to Castle Crag and back along the top route to Seatoller . It started out with drizzle and dry and even some sun and then by the time they were at Castle Crag there was big rain: Rain, Rain and Rain ☹!

Nigel, Peter and Roy decided on a more energetic day out despite the weather conditions – not sure if their clothing was adequate but hoped so! They drove up to Honister Hause to park and then from the Drum House they headed off towards Grey Knotts and Brandreth and then onto Green Gable and Great Gable. They had to follow cairns as the visibility was quite poor. By the side of Brandreth they had to get phones out to check the GPS. With 2 phones and 2 maps they managed to find the way! There was someone in a space blanket on the top of Great Gable and a helicopter but they think it was a training exercise.

They stood by the plaque for a while the weather was truly awful; rainy the whole way and the visibility poor. The best they had was drizzle!



At the Styhead Nigel was bursting with energy so headed off towards Glaramara via Sprinkling Tarn and Allan Crag with his renewed grasp of technology on his phone and map; Peter and Roy hoped he would be safe.

Peter and Roy came down to Stockley bridge and back to Seatoller.

Dinner: Cream of Mushroom and Thyme soup, Slow cooked Beef Casserole with Yorkshire Pudding, Gratin Potatoes, Carrots and Creamy Greens followed by Summer Fruits Fool with Vanilla Shortbread.

MONDAY APRIL 17TH 2017

The weather was the best of the weekend with light wind and some sunshine.

David and Joyce, Katie and Richard, Helen and Roy and Peter drove to Ashness Bridge. Richard and Katie and Joyce and David walked to Watendlath from Ashness Bridge, had some lunch at the cafe at Watendlath and continued back to Seatoller via Stonethwaite.



Helen and Roy and Peter set off to climb Bleaberry Fell and High Seat finding the bit in the middle very boggy as predicted. Helen only walked as far as the steep bit up onto Bleaberry Fell and then returned to Ashness Bridge via Walla Crag to do some sketching.

Nigel got stuck in bad traffic arriving an hour after Peter even though he left 2 hours before!

Lynn and Charlie drove south.



Kristina, Stuart, Raya and Iris and Dave the dog walked up Sour Milk Gill via the Waterfall from Stonethwaite Farm with Steph, Richard, Gwen & Angus. The children, Stuart and Steph did some rock scrambling on some slabs at the top. Dave the dog had to be carried up the bigger boulders on the way up the waterfall path and over several A-frame stiles - due to his little legs, but he did well!



This newsletter will also be published on the club's website which to remind you is at :- www.tricouncil.org

OCTOBER 2016

After the AGM last year Joyce and David Clode and Richard and Katie Stockwell travelled to Majorca to do some sightseeing and some hiking. They were lucky to meet up with Susie and David Baggaley who were doing a recce in Majorca to update a sailing guidebook. They met for drinks and a meal in the Port of Soller.



This is an account of a Tricouni meet which took place on Friday August 4th 2017 by David Clode.

A Summer Walk

The walk started in Alfriston, a pretty village in East Sussex close to the sea. Unfortunately Tony and Eve, Peter, Colin and Barbara couldn't make it in the end so that left David and Joyce and Lynn and Charlie. After a 'quick' coffee, scone and cream we made our way to Berwick and a lovely church containing a series of murals by Bloomsbury artists Duncan Grant, Vanessa and Quentin Bell.

The walk continued to Alciston past a medieval barn, the longest in the country before heading up on to the South Downs (see photo). The walk followed the South Downs Way with great views of the sea before heading back down to Alfriston and tea and cakes! We had hoped to see inside the Clergy House, the National Trusts oldest property but it was closed.

It was altogether a most enjoyable walk.

